

# **Annapurna Circuit Mountain Biking Guided tour**

## **Basic Package**

Price Starting at: NRs. 316,829

### **Inclusions**

1. Airport Pick up on arrival and drop off after the trip.
2. Hardtail Mountain bike and gears (please ask specification after letting us your bike size)
3. Mountain Bike Guide and Porter.
4. Food and accommodations (first day dinner to final day breakfast).
5. TIMS and Permit.
6. All the transportation.
7. Safe drinking water'
8. Food, accommodations, salary, insurance and transportation for supporting staff

### **Exclusions**

1. Visa fee to Nepal
  2. Flight to and from Nepal
  3. Domestic flights
  4. Alcoholic drinks
  5. Dual suspension bike( 480 \$ extra for the biking trip)
  6. Beverage/soft drinks and mineral water in mountains
  7. Travel, activity, medical and emergency evacuation insurance
  8. Tipping for guides, porters and supporting staff
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## **Standard Package**

Price Starting at: NRs. 417,578

### **Inclusions**

1. Private car/van transfer from the airport to the hotel.
2. 3 nights deluxe residence in twin bed sharing basis with breakfast at 4\* hotel in Pokhara.
3. 2 nights deluxe lodging in Kathmandu on a twin bed sharing basis with breakfast at a 4\* hotel
4. City Tour in Kathmandu with our tour guide and all entrance fees.
5. Domestic flights from Pokhara to Kathmandu, as well as airport taxes.
6. During the journey, meals (breakfast, lunch, and dinner) are served with tea and coffee, as well as hot and cold filter water.
7. During the trip, accommodation is provided from lodge to lodge.
8. Experienced, helpful, and friendly mountain bike guide, porters (1 porter for every 2 people), their food and lodging,
9. salary, equipment, and insurance.
10. Mountain bike with dual suspension and other maintenance.
11. All transportation is provided by private vehicle.
12. All required permits to enter the Annapurna Conservation Area.
13. Service charge for the office.
14. All local taxes
15. A bottle of beer after every day ride

### **Exclusions**

1. Private car/van transfer from the domestic airport to the hotel in Kathmandu.
2. Other than breakfast, any meals (lunch and dinner) in Kathmandu and Pokhara.
3. Travel coverage.
4. International flight tickets to and from Nepal.
5. Fee for a tourist visa to Nepal.
6. Personal expenses.
7. Any kind of cold drinks, laundry, phone call, internet.
8. Personal Trekking Gear such as sleeping bags and jackets.
9. Evacuation in an Emergency (Helicopter Rescue).
10. Any costs incurred as a result of a change in itinerary, such as landslides, domestic flight delays, political unrest, and strikes, etc.
11. Any other costs that are not included in the quoted price.

12. Renting of horse or additional porter due to any potential accident or natural disaster.

13. Tipping to guide, porter, driver and any other supporting staffs

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## **Premium Package**

Price Starting at: NRs. 582,621

### **Inclusion**

1. Private car/van transfer from the airport to the hotel and hotel to the airport after trip.
2. 3 nights super-deluxe residence in twin bed sharing basis with breakfast at 5\* hotel in Pokhara.
3. 2 nights super-deluxe lodging in Kathmandu on a twin bed sharing basis with breakfast at a 5\* hotel.
4. Fully private jeep assists.
5. City Tour in Kathmandu with our tour guide and all entrance fees.
6. Two way domestic flights, as well as airport taxes.
7. During the journey, meals (breakfast, lunch, and dinner) are served with a cup of tea or coffee.
8. During the trip, accommodation is provided from lodge to lodge.
9. Mineral water, cold drinks and energy bars.
10. Experienced, helpful, and friendly mountain bike guide, porters (1 porter for every 2 people), their food and lodging, salary, equipment, and insurance.
11. Mountain bike with dual suspension and other maintenance.
12. All transportation is provided by private vehicle.
13. All required permits to enter the Annapurna Conservation Area.
14. Service charge for the office.
15. All local taxes
16. A bottle of beer or a glass of fine wine after every day ride

### **Exclusions**

1. Other than breakfast, any meals (lunch and dinner) in Kathmandu and Pokhara.
2. Travel coverage.
3. International flight tickets to and from Nepal.

4. Fee for a tourist visa to Nepal.
  5. Personal expenses.
  6. Expenses on laundry, phone call, internet.
  7. Personal Trekking Gear such as sleeping bags and jackets.
  8. Evacuation in an Emergency (Helicopter Rescue).
  9. Any costs incurred as a result of a change in itinerary, such as landslides, domestic flight delays, political unrest, and strikes, etc.
  10. Any other costs that are not included in the quoted price.
  11. Renting of horse or additional porter due to any potential accident or natural disaster.
  12. Tipping to guide, porter, driver and any other supporting staffs.
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## **Itineraries**

### **1. Day 1: Arrival in Kathmandu**

Embark on a spiritual journey to the land of majestic 8000+ meter Peaks and the Cradle of Lord Buddha. Your adventure begins with a warm welcome from our representative at the Tribhuvan International Airport, who will escort you to your oasis in Thamel. Take a Stroll through the vibrant streets of Thamel in the afternoon. And later in the evening you will be briefed on your upcoming adventures!

### **2. Day 2: Drive to Pokhara (850m)**

Today, you will take off on a life-changing journey through the breathtaking mid-hills of Nepal to reach the serene oasis of Pokhara. As you travel, you will be awestruck by the shimmering Trishuli and Marshyangdi Rivers. You will have the chance to fully immerse yourself in the rich culture of vibrant villages and cherish every moment of your 6-8 hour scenic drive. Upon arrival in Pokhara in the afternoon, you will have the opportunity to explore the stunning beauty of Lakeside and get ready for your exciting bike adventure the following day.

### **3. Day 3: Ride around Pokhara**

Today marks an exciting day as you get to experience a scintillating preview of your upcoming journey. Your expert guide eagerly awaits to assess your skills and understand your riding style through an exhilarating ride around the breathtakingly gorgeous Pokhara valley and the tranquil Phewa Lake. Beside that, it's the perfect opportunity for you to give your bike a thorough check-up and relish a warm-up ride before embarking on your adventure.

### **4. Day 4: Drive from Pokhara to Besisahar (750m) and ride to Syange (1100m)**

Today brings a thrilling challenge for you as you embark on a mountain road drive from Pokhara to Besisahar, taking roughly 4 hours to reach the start point of your mountain biking journey. Your ride through the picturesque Annapurna region of Nepal, which is surrounded by lush forests and towering peaks, promises to be both challenging and rewarding. You'll experience a true culture and lifestyle of the locals,

admire stunning waterfalls, possibly encounter wildlife, and cross the first tunnel in Nepal. The journey concludes with an overnight stop at Syange, where you'll be mesmerized by the beauty of a cascading waterfall and the harmonious sound of the Marshyangdi River.

**Distance: 25 Km**

**Time: 4-5 hours**

#### **5. Day 5: Syange to Dharapani (1860m)**

Kick off on another thrilling challenge as you take on the mountain biking journey from Syange to Dharapani. Your route begins in the charming village of Syange and meanders along the picturesque Marsyangdi River, offering breathtaking views of lush forests, traditional villages, and stunning landscapes. The trail gradually gains elevation, becoming steeper and narrower as you approach Dharapani, a quaint village located at the confluence of the Marsyangdi and Dudh Khola rivers. This mountain biking adventure presents an opportunity for you to immerse yourself in the remote villages, diverse cultures, and the stunning natural beauty of the Annapurna region.

**Distance: 18 Km**

**Time: 5 hours Approx.**

#### **6. Day 6: Ride from Dharapani to Chame (2670m)**

After a nourishing breakfast, start on an exhilarating biking through the Marshyangi River Valley. You'll traverse through a variety of landscapes including apple orchards, villages and terraces, mule tracks and jeep trails, leading you into the serene pine forest. The trail becomes steep after Danakyu and continues till Timang, but eventually levels out, bringing you to the headquarters of the Manang District. Your destination, Chame, awaits with a stunning reward for your hard-earned efforts: breathtaking views of Annapurna II and Lamjung Himal. You'll also have the convenience of staying connected with loved ones through internet access at your cozy local guest house.

**Distance: 18 Km**

**Time: 4-5 hours**

#### **7. Day 7: Ride from Chame to Pisang (3300m)**

Set yourself on a breathtaking journey through the Himalayas as you leave Chame behind and venture into the serene pine forest trails. Surrounded by stunning vistas at every turn, the uphill challenge will be worth it as you reach the picturesque village of Dhikur Pokhari. After this point, the trail becomes smoother, that allows you to fully immerse in the breathtaking views that only get more magnificent as you continue to ascend. Your senses will be filled with the sweet and aromatic fragrance of the Himalayan pine forest, creating an unforgettable experience that will stay with you forever.

**Distance: 17 Km Approx.**

**Time: 4-5 hours**

#### **8. Day 8: Ride from Pisang to Manang (3540m) via Ghyaru (3730m)**

Today, start on a thrilling mountain bike journey from Pisang to Manang via Ghyaru. The path will lead you through dense pine forests and a steep uphill climb to the stunning village of Ghyaru, where you'll be rewarded with breathtaking panoramic views of the surrounding peaks, including Annapurna II and Annapurna IV. As you pedal along the way, you may have the chance to spot the elusive Blue sheep. Recharge with a delicious lunch in Nawal before continuing the descent into the lush Humde valley. Finally, arrive at Manang, where you'll spend the night in a comfortable tea house, surrounded by the stunning beauty of the Himalayas.

**Distance: 22 Km**

**Time: 6-7 hours**

### **9. Day 9: Acclimatization/rest day in Manang**

Today, we'll ease into the altitude with a leisurely pace to acclimate. Though it's a day of rest, we'll enjoy a brief hike to a height of 4000 meters, getting us ready for the greater altitudes ahead. Additionally, we'll embark on a brief excursion in the surrounding area. We'll also have time to take in the breathtaking views of the Gangapurna Glacier Lake, Monastery, and Chorten as we explore the enchanting Manang.

### **10. Day 10: Biking from Manang to Yak Kharka (4200m)**

Today, you'll embark on a breathtaking adventure on the true Himalayan trails, leaving behind the lush forests and low elevations. As you gear up for thinner air and challenging terrains, it's important to pace yourself and savor the breathtaking beauty of the mountains. This is your chance to witness the grandeur of the Himalayas and adjust to the altitude gradually. Your mountain biking journey will take you through grazing yaks and other wildlife, leading you to Yak Kharka where you will stay the night in a local tea house. Get ready for an unforgettable experience!

**Distance: 10 Km approx.**

**Time: 4-5 hours**

### **11. Day 11: Biking from Yak Kharka to Phedi (4550m)**

Today, we will begin on a thrilling mountain biking adventure, where we will encounter a range of obstacles and awe-inspiring sights. With a shorter distance, the blue sheep, vultures, and other wildlife will be in abundance. The single tracks and rocky terrain will present a challenge, but the views along the way will be worth it. We will cruise alongside the river, traverse a quaint bridge, and tackle the steep ascent to Thorong-la Phedi, the starting point for the ascent to Thorong-la Pass. Throughout the journey, we may encounter horses and donkeys carrying supplies, adding to the authentic Himalayan experience.

**Distance: 7 Km approx**

**Time: 3-4 hours**

### **12. Day 12: Push biking from Phedi to the pass (5416m) and ride down to Muktinath (3810m)**

You will set up on an Epic Adventure with Us Today! Rise and shine at 4am for a challenging, yet exhilarating mountain biking experience. We have to get ready to tackle the strenuous trail and conquer the heights as we push and carry our bikes to the summit of Thorong-La Pass. Every step is worth savoring as you reach new heights in this once-in-a-lifetime opportunity. Rejoice in the breathtaking panoramic views from the summit and bask in the glory of reaching such an incredible milestone. Recharge and refresh as you ride down to the charming village of Muktinath, the heavenly place for salvation through 108 water spouts and eternal flame. Get ready for an unforgettable mountain biking journey with us!

**Distance: 19 Km**

**Time: 7-8 hours**

### **13. Day 13: Ride from Muktinath to Kalopani (2530m)**

Kick start on an unforgettable mountain biking journey from Muktinath to Kalopani and be awestruck by the stunning views of the Himalayas. You will start your journey in the spiritual town of Muktinath, renowned for its temples and monasteries. The climb to Lupra Pass will test your skills with its steep inclines, loose gravel, and rocky paths, but it will all be worth it as you reach the top. The downhill descent presents a perfect combination of technical and flowy single trail, making it ideal for experienced riders. Soak in the

panoramic views of the Annapurna and Dhaulagiri mountain ranges as you reach Kalopani, and bask in the thrill of an adventure through the heart of the Himalayas.

**Distance 48 Km**

**Time: 5-6 Hours**

#### **14. Day 14: Ride from Kalopani to Galeshwor (900m) and drive back to Pokhara**

Today, we commence on a thrilling mountain biking journey from Kalopani to Galeshwor through the captivating Himalayan foothills. After fueling up with a nutritious breakfast, we'll embark on a thrilling downhill ride through the heart of the world's deepest George, surrounded by the towering Annapurna I and Dhaulagiri mountains. The off-road trails will test our skills, leading us through the breathtaking Kaligandaki River valley, dotted with picturesque villages and stunning landscapes. At the end of the day, we'll pack up our bikes and drive back to Pokhara, bidding a bittersweet farewell to this unforgettable adventure.

**Distance: 40 Km**

**Time: 5 Hours Approx.**

#### **15. Day 15: Drive/ Fly to Kathmandu**

Today marks the end of an unforgettable journey with us in Pokhara! As you prepare to return to your hometown, we hope that your time with us has been full of memories to cherish for a lifetime. Whether you choose to embark on the scenic drive back to Kathmandu or take to the skies, we have got you covered with our package that you have chosen.