

# Mountain Biking Tour in Bhutan

## Basic Package

Price Starting at: NRs. 598,706

### Inclusions

1. Bhutan Sustainable Development Fee (SDF).
2. Permits and Park fees.
3. Entrance fees to the Monasteries and fortress.
4. Three hot meals a day.
5. Accommodations in 3-4 star rated hotels.
6. Transportation in Bhutan.
7. Mineral water.
8. Mountain Bike Guide.
9. Luggage supporter when needed.

### Exclusions

1. Flight tickets to and from Bhutan.
  2. Visa fees to Bhutan.
  3. Mountain Bike Rental.
  4. Travel and insurance coverage.
  5. Any personal expenses.
  6. Tipping to guide and supporting staff.
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## Standard Package

Price Starting at: NRs. 598,706

### Inclusions

1. Bhutan Sustainable Development Fee (SDF).

2. Permits and Park fees.
3. Entrance fees to the Monasteries and fortress.
4. Three hot meals a day.
5. Accommodations in 3-4 star rated hotels.
6. Transportation in Bhutan.
7. Mineral water.
8. Mountain Bike Guide.
9. Luggage supporter when needed.

### **Exclusions**

1. Flight tickets to and from Bhutan.
  2. Visa fees to Bhutan.
  3. Mountain Bike Rental.
  4. Travel and insurance coverage.
  5. Any personal expenses.
  6. Tipping to guide and supporting staff.
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## **Premium Package**

Price Starting at: NRs. 598,706

### **Inclusion**

1. Bhutan Sustainable Development Fee (SDF).
2. Permits and Park fees.
3. Entrance fees to the Monasteries and fortress.
4. Three hot meals a day.
5. Accommodations in 3-4 star rated hotels.
6. Transportation in Bhutan.
7. Mineral water.
8. Mountain Bike Guide.

9. Luggage supporter when needed.

## **Exclusions**

1. Flight tickets to and from Bhutan.
  2. Visa fees to Bhutan.
  3. Mountain Bike Rental.
  4. Travel and insurance coverage.
  5. Any personal expenses.
  6. Tipping to guide and supporting staff.
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## **Itineraries**

### **1. Day 1: Arrival in Bhutan**

Welcome to Bhutan! Our trusted representative will attend you at the Paro International Airport and will transfer you to the hotel in Paro. If you are not tired of the flight, after a hearty meal of the Bhutanese cuisine, we will take a quick visit to the lively National Museum (also known as Ta Dzong) and the Paro fortress. After the short visit to these places, we will head back to the hotel and discuss about the programs for the next days.

### **2. Day 2: Drive to Thimphu, bike set up and ride around**

We will checkout the hotel early morning and drive to Thimphu. As we arrive in Thimphu, we will check in the hotel, set up the bike and take a leisurely ride of about 25 Km. We will ride to the Buddha Point, shred the Changang trail and explore the Monasteries and traditional villages of Babena before heading back to our hotel.

### **3. Day 3: Thimphu Valley exploration and acclimatization**

It is very essential to let our body acclimatize, before we set out for our higher altitude adventure! Today, we will take this opportunity to explore the best of Thimphu's attractions. We will visit the Bhutan Postal Museum where we can make customized stamps with our photos to send the postcards to our beloved ones. We will also visit the Buddha Dordenma – A 51.5 meters glided bronze Shakyamuni Buddha statue, Bhutan Museum, Changankha monastery, Takin Preserve and Tashichho Dzong

### **4. Day 4: Mountain biking from Thimphu to Punakha**

We will start the day with the traditional Bhutanese breakfast. We will be riding our bikes over the Dochula Pass (3100m), which offers us with the incredible views of the Himalayan mountain range. As we scale the top, we will take a pause for a well-earned lunch with the stunning views of the surrounding. Once we are done with the break we will get on our bikes, take on the Mega Madman Trail and ride down to Punakha valley past beautiful villages and terraced fields. Upon arrival in Punakha, we will take time to visit the historic monastery (Punakha Dzong) situated on the confluence of Pho and Mo Chhu Rivers.

## **5. Day 5: Ride from Punakha to Wangdue (Kitchu Resort)**

Today our morning starts with a visit to Punakha fortress. As we return back from the fortress, we will have our lunch and start our ride along the Pho Chhu (Male) side of Punakha River. We will ride our bikes over the Punakha Suspension bridge-one of the longest bridge in Bhutan with the view of incredible landscapes and the Punakha Dzong. Our approximately 40 Km ride concludes at Kitchu Resort popular for its serene location, authenticity, luxury and nature.

## **6. Day 6: Ride from Kitchu Resort to Phobjikha**

The mountain bike ride from Wangdue to Phobjikha valley is a blend of adventure, nature and culture. Along the way, we will ride past the picturesque villages and serene landscapes. The biking trail features a mix of moderately challenging climbs and descends on dirt roads, graveled paths and paved sections. As we reach Phobjikha, we will take time to visit the Gangtey Monastery which dates back to 16th century. Phobjikha is not only known for its serene beauty but also popular as a winter habitat for the endangered Black-Necked Cranes.

## **7. Day 7: Drive from Phobjikha to Paro**

Today, we will be heading back to Paro. After our leisurely breakfast, we will pack our things and get on our private vehicle to cover approximately 140 Km distance to our final destination. The 4-5 hours of drive offers us the opportunity to enjoy the serene landscapes, traditional villages and mountain passes without gasping and dropping a sweat.

## **8. Day 8: Shuttled Enduro Biking in Paro**

Today, we will be taking on a thrilling enduro ride! After the breakfast we will load our bikes on our private jeep and drive to Chele La Pass (3988m); popular for the stunning views of the surrounding valleys, wildlife, rhododendron forests and the Jhomolhari and Jichu Drake peaks. As we are done with the sightings of the breathtaking views, we will hop on our bike and start descending down the Paro. The approximately 30 to 40 Km ride features gravel roads, paved sections, single tracks and dirt trails with sharp turns, loose gravels and rock gardens to add an excitement and adventure to your ride. As we arrive in Paro, we will have lunch and rest of the afternoon is on to you. Whether you take a rest or participate in the traditional archery game of Bhutan with the locals both is meaningful.

## **9. Day 9: Hiking to Tiger's Nest Monastery**

Today, we will be hiking instead of biking! As you will be flying back the next day, you let our bikes be cleaned and packed well. After a hearty breakfast, we continue our hike towards the Tiger's Nest Monastery which seems to be clinging to the cliff. The hiking distance of approximately 6 Km, comes with ascend of around 900 meters and it can take us around 3 hours to get to the monastery. The initial part of the trail is a gradual climb with dense pine forest and as we get nearer to the monastery, the trail gets intense. However, all the effort is worthwhile as we get to see the holiest sites of Bhutan and the Paro valley.

## **10. Day 10: Fly Back Home**

After bidding a farewell, we will transport you to the Paro airport depending on your flight time. We wish you a wonderful flight back home. And we do hope to see you in future for more adventures to come.

**(Note:** This is just an outline of an itinerary and can be modified as per the need and pace of an individual or the group. In the case of emergency situations that might risk the life of our participants, our team reserves the right to modify or even terminate the tour for the safety purpose.)