

Upper Mustang Mountain Biking

Basic Package

Price Starting at: NRs. 411,642

Inclusions

1. Airport Pick up and Drop Off after the trip
2. Mountain bike guide
3. Hard Tail Mountain Bike
4. Porter to carry your luggage 1 porter for 2 person
5. Mineral water
6. Full accommodations (14 nights) and meals (from starting day dinner through lunch on the final day)
7. ACAP Permit and TIMS
8. Bike cargo from Pokhara to Jomsom
9. Special Permit \$ 500 for Ten days

Exclusions

1. Nepalese visa
 2. Flight to and from Nepal
 3. Travel, activities and medical insurance
 4. Personal safety, MTB gear and equipment
 5. Full suspension bike (optional - additional 550 USD)
 6. Gratuity to guides, porters and supporting staff.
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Standard Package

Price Starting at: NRs. 512,391

Inclusions

1. Private car/van transfer from the airport to the hotel.

2. 3 nights deluxe residence in a twin bed sharing basis with breakfast at a 4* hotel in Pokhara.
3. 2 nights deluxe lodging in Kathmandu on a twin bed sharing basis with breakfast at a 4* hotel.
4. City Tour in Kathmandu with our tour guide and all entrance fees.
5. Domestic flights from Pokhara to Kathmandu, as well as airport taxes.
6. During the journey, meals (breakfast, lunch, and dinner) are served with tea and coffee, as well as hot and cold filtered water.
7. During the trip, accommodation is provided from lodge to lodge.
8. Experienced, helpful, and friendly mountain bike guide, porters (1 porter for every 2 people), their food and lodging, salary, equipment, and insurance.
9. Mountain bike with dual suspension and other maintenance.
10. All transportation is provided by private vehicles.
11. All required permits to enter the Annapurna Conservation Area & Special Permit \$ 500 +100.
12. Service charge for the office.
13. All local taxes.

Exclusions

- 1.
 2. Other than breakfast, any meals (lunch and dinner) in Kathmandu and Pokhara.
 3. Travel and Medical insurance coverage.
 4. International flight tickets to and from Nepal.
 5. The fee for a tourist visa to Nepal.
 6. Personal expenses.
 7. Any kind of cold drinks, Fancy coffees, laundry, phone calls.
 8. Personal Trekking/Biking Gear, such as sleeping bags and jackets.
 9. Evacuation in an Emergency (Helicopter Rescue).
 10. Any costs incurred as a result of a change in itinerary, such as landslides, domestic flight delays, political unrest, strikes, etc.
 11. Any other costs that are not included in the quoted price?
 12. Renting of a horse or additional porter due to any potential accident or natural disaster.
 13. Tipping for guide, porter, driver and any other supporting staff
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Premium Package

Price Starting at: NRs. 677,434

Inclusion

1. Private car/van transfer from the airport to the hotel and hotel to the airport after trip.
2. 3 nights super-deluxe residence in twin bed sharing basis with breakfast at 5* hotel in Pokhara.
3. 2 nights super-deluxe lodging in Kathmandu on a twin bed sharing basis with breakfast at a 5* hotel.
4. Fully private jeep assists.
5. City Tour in Kathmandu with our tour guide and all entrance fees.
6. Two way domestic flights, as well as airport taxes.
7. During the journey, meals (breakfast, lunch, and dinner) are served with a cup of tea or coffee.
8. During the trip, accommodation is provided from lodge to lodge.
9. Mineral water, cold drinks and energy bars.
10. Experienced, helpful, and friendly mountain bike guide, porters (1 porter for every 2 people), their food and lodging, salary, equipment, and insurance.
11. Mountain bike with dual suspension and other maintenance.
12. All transportation is provided by private vehicle.
13. All required permits to enter the Annapurna Conservation Area.
14. Special permit of \$ 500.
15. Service charge for the office.
16. All local taxes.
17. A bottle of beer or a glass of fine wine after every day ride

Exclusions

1. Other than breakfast, any meals (lunch and dinner) in Kathmandu and Pokhara.
2. Travel coverage.
3. International flight tickets to and from Nepal.
4. Fee for a tourist visa to Nepal.
5. Personal expenses.
6. Expenses on laundry, phone call, internet.

7. Personal Trekking/Biking Gear such as sleeping bags and jackets.
 8. Evacuation in an Emergency (Helicopter Rescue).
 9. Any costs incurred as a result of a change in itinerary, such as landslides, domestic flight delays, political unrest, and strikes, etc.
 10. Any other costs that are not included in the quoted price.
 11. Renting of horse or additional porter due to any potential accident or natural disaster.
 12. Tipping to guide, porter, driver and any other supporting staffs
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Itineraries

1. Day 1: Arrival in Kathmandu

Touch down in the “City of Temples.” Our team greets you at the airport with warm tea and Himalayan smiles. We'll take you to your hotel in Thamel, where you'll unpack, freshen up, and enjoy an evening briefing with fellow riders—fueling excitement and founding team spirit.

2. Day 2: Kathmandu ? Pokhara (Drive or Flight)

Choices abound: opt for a 6–7?hour scenic jeep drive through verdant mid-hills and rivers, or take a breathtaking 30 minute flight across Annapurna & Dhaulagiri. In Pokhara, you'll feel the serene energy of Phewa Lake and prepare your bike for the real adventure ahead.

3. Day 3: Biking in Pokhara Warm?Up Ride

Ease into the ride with a beautiful loop around Phewa Lake. Pedal through forested singlet rack, terraced fields, rural hamlets, and along lake-shore paths. We ascend to the World Peace Pagoda, completing a Kora and sipping local coffee with Himalayan views. We descend through the Queen’s Forest, refine bikes, and get excited for the Forbidden Kingdom.

- Ride distance ~35?km,
- Duration: 3.5–4?hrs
- Ascent +700?m
- Descent–700?m

4. Day 4: Flight Pokhara ? Biking from Jomsom ? Kagbeni

Catch the early morning flight to Jomsom—nestled between Dhaulagiri and Annapurna. Assemble your bike and roll along the Kali Gandaki River to Kagbeni. This ancient village marks the entrance to the restricted Mustang region. Stay in a traditional teahouse at ~2,800?m, and relish apple cider at sunset.

Note: if no flight due to weather, we will take a private 4x4 Jeep drive to Jomsom, it will take about a 3-4 hour drive as a plan B

Ride distance:~12?km, duration: 1.5–2.5hrs |Ascent :+90?m/Descent: –90?m

5. Day 5: Biking from Kagbeni ? Sammar

After permit formalities, we cycle past the mesmerising Kali Gandaki gorge. Lunch arrives at Chhuksang tea-house, then we climb to Chele, weaving past cliff-side sky caves and Gompas. Enjoy a sweeping panorama and the feeling of entering a sacred land.

Ride distance:~26km,duration: 4.5–5.5hrs |Ascent : +1358 m/Descent: –595 m

6. Day 6: Biking from Sammar? Ghami

Our toughest biking yet most rewarding day: conquer four high passes—Taklam La (3,624?m), Dajori La (3,735?m), Bhena La & Yamda La (~3,860?m). Tackling rocky technical climbs (with occasional push or shoulder carry), you'll earn descent-filled adrenaline and Himalayan horizon views worth every bounce of effort.

Ride distance:~28?km | Ascent: +1100 m/Descent:–900?m

7. Day 7:Biking from Ghami ? Lo-Manthang

We will ride over two high passes—Chogo-La (4,280m) and Mui-La (4,170m). The journey starts from Ghami, riding or hiking through trekking trails to Dhakmar. From there, we climb up to Ghar Gumba, where the fun singletrack begins!

Some parts are rocky and may need a little pushing, but after that, it's a smooth and flowy ride to Lo-Manthang. Once we reach this ancient walled city, we'll check into our teahouses and have time to walk around, explore the village, and see the old King's Palace.

Ride distance:~21?km, duration: 4.5–5.5hrs | Ascent: +1,000?m/Descent:–820?m

8. Day 8: Explore Lo-Manthang (3840 m), the Walled City!

A day to soak it all in. Suggested rides include the Sky Cave labyrinth at Chhoser or a trail to Niphu Gompa. Alternatively, wander Lo's alleys, visit the four-story King's Palace and Monasteries, and experience centuries-old rituals. Pause with a cold beer in hand no better way to reflect on the journey so far. It's up to you or your group to decide how to celebrate your destination.

9. Day 9: Biking from Lo-Manthang ? Yara 3650 m

Return via Lo-La ridge; traverse the ridge line singletrack toward Yara, it will be about 30% push bike and 70% rideable on the flowy and technical section. Expect steep technical terrain and loose gravel. The reward? Secluded villages, vast Tibetan plateau scenery, and the intimate satisfaction of journeying through seldom-visited trails.

Ride distance:~17?km, duration: 4.5–5 hrs| Ascent: +650?m/Descent:–800?m

10. Day 10: Biking from Yara ? Tangye

ride includes two rolling passes (~3,878?m). 30% Parts may require carrying or push your MTB. We'll cross the sacred Dechhyang stream by Damodar Kunda—a pilgrimage site filled with fossilised Saligrams. Our destination: Tangye village, nestled among prayer-flag fluttering peaks and timeless monasteries.

Ride distance:~18?km, duration: 4.5–5 hrs| Ascent: +800?m/ Descent: –700?m

11. Day 11: Biking from Tangye ? Chhuksang

A big biking day! Cross the dramatic Paha Pass (4,218?m), then fly down flowy alpine singletrack, arriving in Chhuksang's dramatic hillside setting. Final approaches demand care, but the rewards are unforgettable.

Ride distance:~26?km, duration: 4.5–5 hrs | Ascent:+1,200?m/ Descent: –1,500?m

12. Day 12: Biking from Chhuksang ? Muktinath

Choose your challenge: scale the Gyu La Pass (4,077?m) or cruise gently along river valleys. Both routes converge into sacred Muktinath (3,800?m), famous for a 108-spout temple cleansing shared by Hindu & Buddhist traditions. If you choose Gyu-la pass it will be 50% push bike and 50% rideable trails. Evening spent in victory and reflection.

Ride distance: ~25?km , duration: 4.5–5 hrs | Ascent:+1,000?m/ Descent: –1,200?m

13. Day 13: Biking from Muktinath ? Kalopani

Our ride starts after bikers explore Muktinath Temple, Monasteries and their elements. Then we ride toward Lupra Valley's renowned singletrack—flowing trails, pine forests, riverside stretches, suspension bridges—culminating at Kalopani. Epic photography opportunities abound.

Ride distance: ~52?km, duration: 4.5–5 hrs | Ascent: +800?m/ Descent:–1,300?m

14. Day 14: Biking from Kalopani ? Beni ? Pokhara

Ride down through the world's deepest gorge via Tatopani hot springs. A technical descent on the road offers or optional technical singletrack. On arrival at Beni, drive shuttle back to Pokhara—celebration awaits the lakeside!

Ride distance:~65?km, duration: 4.5–5 hrs |Ascent: +900?m/ Descent:–1,800?m

15. Day 15: flight or drive from Pokhara ? Kathmandu / Departure

A domestic flight to the Pokhara airport or a scenic drive back to Kathmandu. Say farewell to Himalayan mountain biking, or choose to extend your Nepal adventure—trek Annapurna, raft rivers, or explore cultural heritage.