

# E-MTB Upper Mustang: Unique Biking Experience

## Basic Package

Price Starting at: NRs. 511,642

### Inclusions

1. Airport Pick up and Drop Off after the trip
2. Mountain bike guide
3. Electric Mountain Bike
4. Porter to carry your luggage 1 porter for 2 person
5. Mineral water
6. Full accommodations (15 nights) and meals (from starting day dinner through lunch on the final day ride)
7. ACAP Permit and TIMS
8. Bike cargo from Pokhara to Jomsom
9. Special Permit \$ 500 for Ten days
10. Office service charge.

### Exclusions

1. Nepalese visa
  2. Flight to and from Nepal
  3. Travel, activities and medical insurance
  4. Personal safety, MTB gear and equipment
  5. Gratuity to guides, porters and supporting staff.
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## Standard Package

Price Starting at: NRs. 612,391

### Inclusions

1. Private car/van transfer from the airport to the hotel.
2. 3 nights deluxe residence in twin bed sharing basis with breakfast at 4\* hotel in Pokhara.
3. 2 nights deluxe lodging in Kathmandu on a twin bed sharing basis with breakfast at a 4\* hotel.
4. City Tour in Kathmandu with our tour guide and all entrance fees.
5. Domestic flights from Pokhara to Kathmandu, as well as airport taxes.
6. During the journey, meals (breakfast, lunch, and dinner) are served with tea and coffee, as well as hot and cold filter water.
7. During the trip, accommodation is provided from lodge to lodge.
8. Experienced, helpful, and friendly mountain bike guide, porters (1 porter for every 2 people), their food and lodging, salary, equipment, and insurance.
9. Mountain bike with dual suspension and other maintenance.
10. All transportation is provided by private vehicle.
11. All required permits to enter the Annapurna Conservation Area & Special Permit \$ 500.
12. Service charge for the office.
13. All local taxes
14. A bottle of beer after every day ride

### **Exclusions**

1. Private car/van transfer from the domestic airport to the hotel in Kathmandu.
2. Other than breakfast, any meals (lunch and dinner) in Kathmandu and Pokhara.
3. Travel coverage.
4. International flight tickets to and from Nepal.
5. Fee for a tourist visa to Nepal.
6. Personal expenses.
7. Any kind of cold drinks, laundry, phone call, internet.
8. Personal Trekking Gear such as sleeping bags and jackets.
9. Evacuation in an Emergency (Helicopter Rescue).
10. Any costs incurred as a result of a change in itinerary, such as landslides, domestic flight delays, political unrest, and strikes, etc.
11. Any other costs that are not included in the quoted price.
12. Renting of horse or additional porter due to any potential accident or natural disaster.

13. Tipping to guide, porter, driver and any other supporting staffs

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## **Premium Package**

Price Starting at: NRs. 777,434

### **Inclusion**

1. Private car/van transfer from the airport to the hotel and hotel to the airport after trip.
2. 3 nights super-deluxe residence in twin bed sharing basis with breakfast at 5\* hotel in Pokhara.
3. 2 nights super-deluxe lodging in Kathmandu on a twin bed sharing basis with breakfast at a 5\* hotel.
4. Fully private jeep assist.
5. City Tour in Kathmandu with our tour guide and all entrance fees.
6. Two way domestic flights, as well as airport taxes.
7. During the journey, meals (breakfast, lunch, and dinner) are served with a cup of tea or coffee.
8. During the trip, accommodation is provided from lodge to lodge.
9. Mineral water, cold drinks and energy bars.
10. Experienced, helpful, and friendly mountain bike guide, porters (1 porter for every 2 people), their food and lodging, salary, equipment, and insurance.
11. Electric mountain bike with dual suspension and other maintenance.
12. All transportation is provided by private vehicle.
13. All required permits to enter the Annapurna Conservation Area.
14. Special permit of \$ 500
15. Service charge for the office.
16. All local taxes
17. A bottle of beer or a glass of fine wine after every day ride.

### **Exclusions**

1. Other than breakfast, any meals (lunch and dinner) in Kathmandu and Pokhara.
2. Travel coverage.
3. International flight tickets to and from Nepal.

4. Fee for a tourist visa to Nepal.
  5. Personal expenses.
  6. Expenses on laundry, phone call, internet.
  7. Personal Trekking/Biking Gear such as sleeping bags and jackets.
  8. Evacuation in an Emergency (Helicopter Rescue).
  9. Any costs incurred as a result of a change in itinerary, such as landslides, domestic flight delays, political unrest, and strikes, etc.
  10. Any other costs that are not included in the quoted price.
  11. Renting of horse or additional porter due to any potential accident or natural disaster.
  12. Tipping to guide, porter, driver and any other supporting staffs.
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## **Itineraries**

### **1. Day 1: Arrival in Kathmandu**

Upon your arrival at Kathmandu airport, you will be greeted and transferred to your hotel. Take some time to relax and acclimatize to the new surroundings. You can explore the vibrant streets of Kathmandu and immerse yourself in the rich culture and heritage of the city. We will be staying in Thamel and check out the touristic places.

### **2. Day 2: Drive/flight to Pokhara (800m)**

Our trip starts after the breakfast in the hotel. Leaving the Kathmandu valley behind our journey begins to Pokhara, the well-known town for its amazing geography, nature and Lakes. We will drive on a private Jeep/van or fly (depends on the choice of package) through Mid-hills and along the river observing the beautiful landscapes and amazing views of the Himalayas. Our driving journey takes 6 to 7 hours to reach the tourism capital of Nepal, while the flight takes just 30 minutes.

### **3. Day 3: E-MTB rides in Pokhara**

Experience a thrilling e-MTB ride in Pokhara. Explore the city and its surroundings, familiarize yourself with your bike and guide before the big adventure. Ride to Lovely Hill, Methlang 360, and Martyr Park. Enjoy stunning views of Phewa Lake from Haredanda Gyarjati. Discover the view of White Peace Pagoda and serene Shiva Temple. Descend to Pame Valley, admire the scenic beauty along Harpan Khola river bank. Take in the lush paddy fields and beautiful terraces showcasing the region's natural charm. The e-MTB ride covers about 45 kilometers, adjustable to your preference. Make it shorter or longer, as you wish. After the exhilarating ride, relax in Lakeside and prepare for tomorrow's exciting adventure—the dream holiday to Upper Mustang.

### **4. Day 4: Fly from Pokhara to Jomsom and E- MTB ride to Kagbeni (2800m)**

Board an early morning flight from Pokhara to Jomsom, a gateway to the Mustang region. From Jomsom, start your exhilarating ride towards Kagbeni, a charming village nestled in the valley. Ride through the

rugged terrain and experience the unique landscape of the region. Reach Kagbeni and explore the village's ancient architecture and cultural heritage. Your bikes will be sent to Jomsom via road as we cannot transport E-Bike on the plane.

#### **5. Day 5: E-MTB ride entering day to the forbidden Kingdom from Kagbeni to Chaile (3050m)**

Begin your day by E- Mountain bike riding from Kagbeni to Chaile, enjoying the scenic beauty and the enchanting surroundings. Experience the thrill of riding through the rocky trails and immerse yourself in the tranquility of the Mustang region. Our ride would be along the Kali-river bank and enjoy the rugged mountain views of Upper Mustang. Arrive at Chaile and rest for the night.

#### **6. Day 6: Biking from Chele (3050m) to Ghiling (3570m)**

Fasten your shoe lace, gear up and be ready to tackle the intense, yet rewarding day. Your day begins with tough ascend to Yamda-La and to Sammar. As you proceed towards Sammar, the serpent like road offers an incredible view of Kaligandaki River valley and the snow-clad mountains like Tilicho, Nilgiri and Dhaulagiri. The three passes, Yamda-La, Bhena-La and Syanboche-La is more than enough to make you happy tired before reaching the final destination to Ghiling. As soon as you are done with some rest, take some time to visit the ancient monastery of Ghiling where you will be awe-inspired to observe the Tibetan Buddhism closely.

#### **7. Day 7: Ghiling to Charang E-MTB Adventure in Upper Mustang**

Gear up for an incredible 23-km cycling experience from Ghiling to Charang. Choose between diverse trails, including an optional single track at Karki La pass (4,100 m). Enjoy breathtaking views and gentle breezes with fluttering prayer flags on the 10-12 km trail. Alternatively, take the smoother dirt road option via Nyi La Pass (4,010 m).

Explore Charang's hidden gems, like the Charang Greatest Library with ancient manuscripts and the beautiful Old Palace. Immerse yourself in the local spiritual customs at the Chorten and monastery, unraveling the mysteries of this fascinating land.

#### **8. Day 8: Biking from Charang (3620m) to Lomanthang (3810m)**

An exciting day on your E-MTB Adventure from Charang to Lo-manthang! Enjoy your surrounding as you wake up and Take a beautiful ride from Charang to Lo-Manthang route via the thrilling Ghargumba single-track or along the dirt road. Get ready for a Himalayan journey that will leave you in awe. Along the way, you'll be treated to breathtaking views, face steep climbs, and enjoy exhilarating ridge-riding. Conquer the pass and feel the rush as you descend into Lo-manthang, filled with adrenaline and unforgettable moments. This epic E-MTB trip to Lo-manthang creates amazing memories together!

#### **9. Day 9: Cultural Treasures of Lo-Manthang!**

Rest day in Lo-Manthang—explore its wonders! Hike or E- bike to stunning views and cultural exploration day here in Lo-Manthang. Discover Monastery, Chorten, and Kings Palace with their stories. Marvel at Tibetan art on Mani Wall, Memory Wall, and Dragkar-Thubchen Lina Gompa.

Journey into Mahayana Buddhism at Chode Gompa, Monastic Museum, Jampa Monastery, and Thupchen Gompa. Explore Chhoser Cave at Chorser for tales of the past. Lo-Manthang's Tibetan culture enchants travelers seeking authenticity. Uncover secrets and immerse yourself in this remarkable city!

#### **10. Day 10: Ride to Tibet Border (4200m) and Back to Lo-Manthang**

Start your day for an exhilarating E-Mountain Biking adventure from Lo-Manthang to Kora-la Border and back, with thrilling stops at Jhong Cave, Choser, and Nyamdo Monastery Garphu. Explore numerous caves, monasteries, and vibrant villages along the way.

Ride back via the Lo-manthang loop and discover the captivating walled city of Lo-manthang, immersing

yourself in its rich history and ancient charm. Experience the enchantment of Buddhism as you enjoy the serene evening atmosphere.

After an adventurous day, rest in a cozy guest house in Lo-manthang. Let the beauty of this extraordinary journey inspire and uplift your spirit. Get ready for a ride like no other, with ancient treasures and breathtaking landscapes awaiting your exploration!

### **11. Day 11: E-Mountain Bike Ride from Lo-Manthang via Ghar Gumba to Ghami (3520m)**

Experience exciting E-Biking from Lo-Manthang to Ghami! We may encounter wildlife, blue sheep, and birds in stunning Tibetan landscapes with prayer flags. Ride diverse terrains, uphill climbs, mountain passes, and exhilarating descents. Marvel at majestic peaks and vast vistas.

Keep an eye out for wildlife and capture vibrant birds. The presence of prayer flags creates a spiritual ambiance. Immerse yourself in nature and feel the exhilaration. Stay overnight at a local guest house in Ghami. Get ready for an awe-inspiring journey, with natural wonders, wildlife, and the joy of e-biking through Mini-Tibet.

### **12. Day 12: E-Mountain Biking from Ghami to Chhuksang**

Start your E-Mountain biking journey in the Upper Mustang trip on an inspiring ride from Ghami to Chhusang! Pedal through 28 km of breathtaking landscapes in Mustang. Conquer challenging trails, pass charming villages, and reach the serene village of Chhusang. Explore hidden treasures, experience warm hospitality, and enjoy the peaceful atmosphere. Let the beauty of the surroundings inspire you. Discover natural wonders and immerse yourself in Mustang's culture. It's an unforgettable adventure that leaves lasting memories.

### **13. Day 13: Thrilling E-Mountain Biking from Chhuksang to Muktinath!**

Start your ride after a delicious breakfast for another happy day of an epic ride from Chhusang to Muktinath, a revered site for Hindus and Buddhists. Pedal through the mesmerizing high-altitude desert, soaking in surreal landscapes and majestic Himalayan peaks.

Follow the riverbank from Chhusang to Kagbeni, then gear up for an exhilarating climb towards Muktinath. Be captivated by breathtaking views of Dhaulagiri and Nilgiri peaks, along with the enchanting lower Mustang valley. Once you arrive at Muktinath, dive into the ancient temples and embrace the spiritual significance of this sacred place.

### **14. Day 14: E-Mountain Biking from Muktinath to Kalopani (2530m)**

Get ready for an exciting day of E-mountain biking as we ride from Muktinath to Kalopani! We will choose trails based on skills and interest of your style riding your preferred route via Jhong or Lupra Valley.

Marvel at the stunning sights of Dumba Lake, the charming village of Marpha, and the picturesque Larjung. Ride across a suspension bridge and enjoy the scenic single track surrounded by lush pine forests. In the evening, relax and enjoy the breathtaking view from our cozy guest house in the serene alpine valley of Lower Mustang.

### **15. Day 15: E-Mountain Biking from Kalopani to Pokhara!**

Today's ride is truly extraordinary as we venture from high alpine landscapes to lush subtropical terrain. Prepare to be amazed as we pass through the world's deepest gorge, nestled between the majestic Dhaulagiri and Annapurna mountains. Along the way, we'll have the opportunity to discover the beauty of Titi Lake and traverse a scenic dirt road, taking in the sights of Ghasa, Tatopani, Galeshower, and Beni.

Once we reach Beni Bazar, our vehicle will be ready to transport us to Kande. From there, our thrilling biking adventure continues as we pedal all the way to Pokhara, creating memories that will last a lifetime.

In Pokhara, we'll find ourselves in Lakeside, a charming area by the breathtaking Phewa Lake. As the sun sets, we'll gather with our fellow riders to celebrate our accomplishments and reflect on the incredible journey we've embarked upon.

## **16. Day 16: Pokhara to Kathmandu Flight, Departure**

Catch a domestic flight from Pokhara to Kathmandu. Upon arrival, you will be transferred to the airport for your onward journey or flight back home, filled with unforgettable memories of your E-Mountain biking tour in Upper Mustang.

**Note: In case of unexpected circumstances such as political problems, natural calamities, bad weather and any event which may incur a risk to our participants, PMTBA reserves the right to modify the program.**

The above mentioned itinerary is just an outline and can be modified as per your physical demand and the needs of the group or your family.