

# Lower Mustang Mountain Biking

## Basic Package

Price Starting at: NRs. 285,950

### Inclusions

1. Airport Pick up on arrival and drop off after the trip
2. Hardtail Mountain bike and gears (please ask specification after letting us your bike size)
3. Mountain Bike Guide and Porter
4. Food and accommodations (first day dinner to final day breakfast)
5. All the required permits and local taxes
6. Mineral water
7. Food, accommodations, salary, insurance and transportation for supporting staff
8. Flight to Jomsom
9. Office service charge

### Exclusions

1. Visa fee to Nepal
  2. Flight to and from Nepal
  3. Domestic flights
  4. Alcoholic drinks
  5. Dual suspension bike( 550 \$ extra for the biking trip)
  6. Beverage/soft drinks and mineral water in the mountains
  7. Travel, activity, medical and emergency evacuation insurance
  8. Tipping for guides, porters and supporting staff
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## Standard Package

Price Starting at: NRs. 331,800

## **Inclusions**

1. Private car/van transfer from the airport to the hotel.
2. 3 nights deluxe residence in twin bed sharing basis with breakfast at 4\* hotel in Pokhara.
3. 2 nights deluxe lodging in Kathmandu on a twin bed sharing basis with breakfast at a 4\* hotel.
4. City Tour in Kathmandu or Pokhara with our tour guide and all entrance fees.
5. Flight from Pokhara to Jomsom
6. Domestic flight from Pokhara to Kathmandu, as well as airport taxes.
7. During the journey, meals (breakfast, lunch, and dinner) are served with tea and coffee, as well as hot and cold filter water.
8. During the trip, accommodation is provided from lodge to lodge.
9. Experienced, helpful, and friendly mountain bike guide, porters (1 porter for every 2 people), their food and lodging, salary, equipment, and insurance.
10. Mountain bike with dual suspension and other maintenance.
11. All transportation is provided by private vehicle.
12. All required permits to enter the Annapurna Conservation Area. Service charge for the office.
13. All local taxes
14. Cold drinks and mineral water
15. A bottle of beer after every day ride

## **Exclusions**

1. Private car/van transfer from the domestic airport to the hotel in Kathmandu.
2. Other than breakfast, any meals (lunch and dinner) in Kathmandu and Pokhara.
3. Travel coverage.
4. International flight tickets to and from Nepal.
5. Fee for a tourist visa to Nepal.
6. Personal expenses.
7. Any kind of cold drinks, laundry, phone call, internet.
8. Personal Trekking Gear such as sleeping bags and jackets.
9. Evacuation in an Emergency (Helicopter Rescue).
10. Any costs incurred as a result of a change in itinerary, such as landslides, domestic flight delays, political unrest, and strikes, etc.

11. Any other costs that are not included in the quoted price.
  12. Renting of horse or additional porter due to any potential accident or natural disaster.
  13. Tipping to guide, porter, driver and any other supporting staffs
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## **Premium Package**

Price Starting at: NRs. 393,971

### **Inclusion**

1. Private car/van transfer from the airport to the hotel and hotel to the airport after trip.
2. 3 nights super-deluxe residence in twin bed sharing basis with breakfast at 5\* hotel in Pokhara.
3. 2 nights super-deluxe lodging in Kathmandu on a twin bed sharing basis with breakfast at a 5\* hotel.
4. Fully private jeep assists
5. City Tour in Kathmandu or Pokhara with our tour guide and all entrance fees. Flight to Jomsom.
6. Two way domestic flights, as well as airport taxes.
7. During the journey, meals (breakfast, lunch, and dinner) are served with a cup of tea or coffee.
8. During the trip accommodation is provided from lodge to lodge.
9. Mineral water, cold drinks and energy bars.
10. Experienced, helpful, and friendly mountain bike guide, porter, their food and lodging, salary, equipment, and insurance.
11. Mountain bike with dual suspension and other maintenance.
12. All transportation is provided by private vehicle.
13. All required permits Annapurna Conservation Area.
14. Service charge for the office.
15. All local taxes
16. A bottle of beer or a glass of fine wine after every day ride

### **Exclusions**

1. Other than breakfast, any meals (lunch and dinner) in Kathmandu and Pokhara.
2. Travel coverage.

3. International flight tickets to and from Nepal.
  4. Fee for a tourist visa to Nepal.
  5. Personal expenses.
  6. Expenses on laundry, phone call, internet.
  7. Personal Trekking Gear such as sleeping bags and jackets.
  8. Evacuation in an Emergency (Helicopter Rescue).
  9. Any costs incurred as a result of a change in itinerary, such as landslides, domestic flight delays, political unrest, and strikes.
  10. Any other costs that are not included in the quoted price.
  11. Renting of horse or additional porter due to any potential accident or natural disaster.
  12. Tipping to guide, porter, driver and any other supporting staffs.
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## Itineraries

### 1. Day 1: Arrival in Kathmandu

Start your spiritual journey in the land of majestic 8000+ meter Peaks and the Cradle of Lord Buddha. Your adventure begins with a warm welcome from our representative at the Tribhuvan International Airport, who will escort you to your oasis in Thamel. Take a Stroll through the vibrant streets of Thamel in the afternoon. And later in the evening you will be briefed on your upcoming adventures!

### 2. Day 2: Drive to Pokhara (850m)

Today, you will take off on a life-changing journey through the breathtaking mid-hills of Nepal to reach the serene oasis of Pokhara. As you travel, you will be awestruck by the shimmering Trishuli and Marshyangdi Rivers. You will have the chance to fully immerse yourself in the rich culture of vibrant villages and cherish every moment of your 6-8 hour scenic drive. Upon arrival in Pokhara in the afternoon, you will have the opportunity to explore the stunning beauty of Lakeside and get ready for your exciting bike adventure the following day.

### 3. Day 3: Ride around Pokhara

Today marks an exciting day as you get to experience a scintillating preview of your upcoming journey. Your expert guide eagerly awaits to assess your skills and understand your riding style through an exhilarating ride around the breathtakingly gorgeous Pokhara valley and the tranquil Phewa Lake. Furthermore, it's the perfect opportunity for you to give your bike a thorough check-up and relish a warm-up ride before embarking on your adventure.

### 4. Day 4: Fly from Pokhara to Jomsom (2730m) and ride to Kagbeni (2810m)

Wake up early and catch the first flight to Jomsom, which is known for its breathtaking flight between Dhaulagiri and Annapurna I, the world's deepest gorge. After landing in Jomsom, we will assemble our

bikes, have breakfast and ride along Kaligandaki riverbed to Kagbeni where we will stay our night in a local guest house. In the afternoon, we will spare some time to explore the exotic village and the oldest monastery of Kagbeni.

**Distance: 12 Km**

**Time: 2-3 hours**

#### **5. Day 5: Ride from Kagbeni to Muktinath (3810 m)**

We are going to set up on an exhilarating adventure today as we conquer the challenging uphill ride in the stunning Himalayas. Put your fitness to the test in the thin air of great heights. For those seeking a more leisurely experience, a jeep shuttle is available. After fueling up with lunch, we'll take in the breathtaking beauty of Muktinath, home to the magnificent 108 water fountains surrounding the temple and the awe-inspiring eternal flame at Dolamebar Nunnery.

**Distance: 12-16 Km**

**Time: 4 hours Approx.**

#### **6. Day 6: Ride from Muktinath to Kalopani (2530m)**

Embark on an unforgettable mountain biking journey from Muktinath to Kalopani and be awestruck by the stunning views of the Himalayas. You will start your journey in the spiritual town of Muktinath, renowned for its temples and monasteries. The climb to Lupra Pass will test your skills with its steep inclines, loose gravel, and rocky paths, but it will all be worth it as you reach the top. The downhill descent presents a perfect combination of technical and flowy single trail, making it ideal for experienced riders. Soak in the panoramic views of the Annapurna and Dhaulagiri mountain ranges as you reach Kalopani, and bask in the thrill of an adventure through the heart of the Himalayas.

**Distance 48 Km**

**Time: 5-6 Hours**

#### **7. Day 7: Ride from Kalopani to Galeshwor (900m) and drive to Sarangkot (1600m)**

Today, we commence on a thrilling mountain biking journey from Kalopani to Galeshwor through the captivating Himalayan foothills. After fueling up with a nutritious breakfast, we'll embark on a thrilling downhill ride through the heart of the world's deepest George, surrounded by the towering Annapurna I and Dhaulagiri mountains. The off-road trails will test our skills, leading us through the breathtaking Kaligandaki River valley, dotted with picturesque villages and stunning landscapes. At the end of the day, we'll pack up our bikes and drive to Sarangkot, bidding a bittersweet farewell to this unforgettable adventure.

**Distance: 40 Km**

**Time: 5 Hours Approx.**

#### **8. Day 8: Ride from Sarangkot to Bhumdi (1520m)**

After the beautiful sunrise and breakfast at the hotel, we will set up on a thrilling to downhill to the Pame valley and ride to Bamdi village to start our intense climb to the most iconic village of Bhumdi. We will be traversing through several small villages that showcase authentic culture and lifestyle. Along the way, we are more likely to encounter with wildlives such as Monkeys, Birds and sometimes Red deer. We will reach Bhumdi at lunch time and after lunch we will spare some time to explore the beautiful village on our mountain bikes.

**Distance: 20-30 Km**

**Time: 4-5 hours.**

#### **9. Day 9: Ride from Bhumdi to Pokhara (800m)**

After having a hearty breakfast, we will embark on our journey back to Pokhara. Today's ride is comparatively easier than any other days. We will ride down through so many picturesque villages and amazing landscapes that leads us to the popular site of Pokhara, the world peace stupa. After enjoying the sip

of coffee at the serenity of stupa, we will continue to descend down through the most popular single tracks of Pokhara, The Queen's Forest single track. The trip ends after we reach The Pokhara Mountain Bike Adventures office.

**Distance: 16 Km Approx.**

**Time: 2 hours**

## **10. Day 10: Fly/Drive to Kathmandu**

Today marks the end of an unforgettable journey with us in Pokhara! As you prepare to return to your hometown, we hope that your time with us has been full of memories to cherish for a lifetime. Whether you choose to embark on the scenic drive back to Kathmandu or take to the skies, we have got you covered with our included private transportation option. However, if you opt for the flight, the additional cost of the ticket will be your responsibility (If not included in the package). Nevertheless, we bid you farewell with heavy hearts and hope that your travels are smooth and safe.