

# Tilicho Lake mountain biking tour in Annapurna, Nepal

## Basic Package

Price Starting at: NRs. 260,412

### Inclusions

1. Airport Pick up on arrival and drop off after the trip.
2. Hardtail Mountain bike and gears (please ask specification after letting us your bike size)
3. Mountain Bike Guide and Porter.
4. Food and accommodations (first day dinner to final day breakfast).
5. TIMS and Permit.
6. All the transportation.
7. Safe drinking water'
8. Food, accommodations, salary, insurance and transportation for supporting staff

### Exclusions

1. Visa fee to Nepal
  2. Flight to and from Nepal
  3. Domestic flights
  4. Alcoholic drinks
  5. Dual suspension bike( \$ 320 extra for the biking trip)
  6. Beverage/soft drinks and mineral water in mountains
  7. Travel, activity, medical and emergency evacuation insurance
  8. Tipping for guides, porters and supporting staff
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## Standard Package

Price Starting at: NRs. 361,161

## **Inclusions**

1. Private car/van transfer from the airport to the hotel.
2. 3 nights deluxe residence in twin bed sharing basis with breakfast at 4\* hotel in Pokhara.
3. 2 nights deluxe lodging in Kathmandu on a twin bed sharing basis with breakfast at a 4\* hotel.
4. City Tour in Kathmandu with our tour guide and all entrance fees.
5. Domestic flights from Pokhara to Kathmandu, as well as airport taxes.
6. During the journey, meals (breakfast, lunch, and dinner) are served with tea and coffee, as well as hot and cold filter water.
7. During the trip, accommodation is provided from lodge to lodge.
8. Experienced, helpful, and friendly mountain bike guide, porters (1 porter for every 2 people), their food and lodging, salary, equipment, and insurance.
9. Mountain bike with dual suspension and other maintenance.
10. All transportation is provided by private vehicle.
11. All required permits to enter the Annapurna Conservation Area.
12. Service charge for the office.
13. All local taxes.
14. A bottle of beer after every day ride.

## **Exclusions**

1. Private car/van transfer from the domestic airport to the hotel in Kathmandu.
2. Other than breakfast, any meals (lunch and dinner) in Kathmandu and Pokhara.
3. Travel coverage.
4. International flight tickets to and from Nepal.
5. Fee for a tourist visa to Nepal.
6. Personal expenses.
7. Any kind of cold drinks, laundry, phone call, internet.
8. Personal Trekking Gear such as sleeping bags and jackets.
9. Evacuation in an Emergency (Helicopter Rescue).
10. Any costs incurred as a result of a change in itinerary, such as landslides, domestic flight delays, political unrest, and strikes, etc.
11. Any other costs that are not included in the quoted price.

12. Renting of horse or additional porter due to any potential accident or natural disaster.

13. Tipping to guide, porter, driver and any other supporting staffs

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## **Premium Package**

Price Starting at: NRs. 526,204

### **Inclusion**

1. Private car/van transfer from the airport to the hotel and hotel to the airport after trip.
2. 3 nights super-deluxe residence in twin bed sharing basis with breakfast at 5\* hotel in Pokhara.
3. 2 nights super-deluxe lodging in Kathmandu on a twin bed sharing basis with breakfast at a 5\* hotel.
4. Fully private jeep assists.
5. City Tour in Kathmandu with our tour guide and all entrance fees.
6. Two way domestic flights, as well as airport taxes.
7. During the journey, meals (breakfast, lunch, and dinner) are served with a cup of tea or coffee.
8. During the trip, accommodation is provided from lodge to lodge.
9. Mineral water, cold drinks and energy bars.
10. Experienced, helpful, and friendly mountain bike guide, porters (1 porter for every 2 people), their food and lodging, salary, equipment, and insurance.
11. Mountain bike with dual suspension and other maintenance.
12. Fully private vehicle assist during the tour.
13. All required permits to enter the Annapurna Conservation Area.
14. Service charge for the office.
15. All local taxes.
16. A bottle of beer or a glass of fine wine after every day ride

### **Exclusions**

1. Other than breakfast, any meals (lunch and dinner) in Kathmandu and Pokhara.
2. Travel coverage.
3. International flight tickets to and from Nepal.

4. Fee for a tourist visa to Nepal.
  5. Personal expenses.
  6. Expenses on laundry, phone call, internet.
  7. Personal Trekking Gear such as sleeping bags and jackets.
  8. Evacuation in an Emergency (Helicopter Rescue).
  9. Any costs incurred as a result of a change in itinerary, such as landslides, domestic flight delays, political unrest, and strikes, etc.
  10. Any other costs that are not included in the quoted price.
  11. Renting of horse or additional porter due to any potential accident or natural disaster.
  12. Tipping to guide, porter, driver and any other supporting staffs
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## **Itineraries**

### **1. Day 1: Arrival in Kathmandu**

Welcome to the land of the Himalayas and the cradle of Lord Buddha. Our representative from Pokhara Mountain Bike Adventures will attend you with a warm greeting at the International Airport in Kathmandu. You will be then transferred to the hotel in Thamel. After checking in the hotel, you can decide whatever you want to do, either take a rest or wander around the bustling town of Thamel.

### **2. Day 2: Drive to Pokhara**

Today you will get rid of the bustle of Kathmandu. After the breakfast at the hotel you will be either driving or flying (based on the package) to the most beautiful town of Nepal, Pokhara! The scenic and culture filled drive takes around 7 hours to reach the tranquil of Phewa Lake. Whereas, the flight takes around 30 minutes to reach the stunning city of Nepal.

### **3. Day 3: Ride around Pokhara**

You should not miss biking in Pokhara, or you will miss out on one of the greatest mountain biking experiences. Mountain biking around Pokhara allows your guide to know your riding skills, and gives you the opportunity to check and become familiar with the bikes. We have several trip options around Pokhara, from which you can choose one. Each hill you ride in the surroundings will leave you in amazed with the stunning mountain scenery and breathtaking landscapes. The riding distance for the day will range from 25 to 35 kilometers, depending on the trip you choose.

### **4. Day 4: Drive from Pokhara to Chame (2660 m)**

You are in for a long day on the jeep today as you embark on a 168 kilometer journey to Chame, which typically takes 7-8 hours to complete. Chame serves as the district headquarter of Manang. The drive from Pokhara to Besisahar is relatively smooth, but once you pass Besisahar, get ready for a heart-stopping ride on Nepal's awe-inspiring roads that will leave you with a lifetime of thrilling memories.

## **5. Day 5: Mountain bike from Chame to Pisang (3300m)**

The journey from Chame to Pisang is an incredible adventure that takes you from an alpine climate to a mountainous one. The striking variations in scenery will undoubtedly leave you feeling amazed! As you make your way up to Dhukur Pokhari, you will pass through apple orchards in Bharatang where you can indulge in delectable treats such as apple pies, crumbles, and even apple donuts, all while sipping on fresh mountain apple juice.

**Distance: 15 Km**

**Time: 4 Hours Appro.**

**Difficulty: Physical: Moderate, Technical: Easy**

## **6. Day 6: Ride from Pisang to Manang (3550m)**

Today, get ready to mountain bike through stunning landscapes that will leave you in spellbound. The sight of the snow-capped mountains will simply astonish you. Despite of discouraging and strenuous climb to Ghyaru, all your hardships will be forgotten once you reach the amazingly beautiful village on top. When you arrive at Ghyaru, you will be greeted with views of mountains and landscapes that are unparalleled anywhere else in the world. After Ghyaru, we will ride to Nawal and descend down to Munji and ride to our den at Manang.

**Distance: 25 Km**

**Time: 5-6 Hours**

**Difficulty: Physical: Moderate/Hard, Technical: Moderate**

## **7. Day 7: Ride from Manang to Tilicho Base Camp (4200m)**

After having breakfast at the hotel, we will bid farewell to Manang and continue towards the village of Khangsar. Along the way, we will be treated with awe-inspiring views of the majestic Annapurna massif, Gangapurna, Khangsar Peak, and Tilicho Peak. As we go further towards Shree Kharka, we will need to push our bikes for about 20 minutes. Once we have lunch at Shree Kharka, we will store our bikes at the hotel (unless you are willing to take the risk of passing through almost 3 kilometers of a landslide-affected area, which is likely not rideable), and continue on foot to Tilicho Base Camp.

**Distance: 12 Km for biking and 6 Km for hiking**

**Time: 5-6 Hours**

**Difficulty: Physical: Moderate/Hard, Technical: Moderate**

## **8. Day 8: Hike to Tilicho Lake and back to Shree Kharka to continue biking to Manang**

Today will be a challenging day as we begin our early morning hike to Tilicho Lake (4920m). We will take plenty of time to celebrate the breathtaking scenery of the turquoise green water that is surrounded by towering mountains on either side. Afterwards, we will make our way back down to Base Camp, have breakfast at the hotel and resume our hike to Shree Kharka to continue our bikes and descent towards Manang. The ride from Shree Kharka to Manang promises to be thrilling experience.

**Distance: 24 Km**

**Time: 7-8 Hours**

**Difficulty: Physical: Hard, Technical: Moderate**

## **9. Day 9: Ride from Manang to Dharapani (1860m)**

Today, we will have the pleasure of riding from Manang to Dharapani, descending almost half of the elevation of Manang. As we depart from Manang, the valley will expand wider to Humde, where we will begin our ascent back into the alpine region that we had left behind. During our journey, we will have the

opportunity to witness Mane walls, prayer wheels, and the attracting Tibetan-influenced culture, all while being surrounded by towering mountain ranges.

**Distance: 47 Km**

**Time: 5 Hours Appro.**

**Difficulty: Physical: Moderate, Technical: Moderate**

#### **10. Day 10: Ride from Dharappani to Besisahar (760) and drive to Pokhara**

Today, you will have the opportunity to return to civilization after enduring several challenging days. We will be riding through the Marshyangdi river valley, which narrows as we descend further down. Today our ride will be interesting as we descend towards the sub-tropical climate, where the environment is more humid and the boulders on the track are much larger than on previous days. Riding through massive cliffs and admiring the stunning waterfalls will undoubtedly make you want to come back again. The local communities and their culture in the area will also surprise you.

Once we arrive in Besisahar, we will have lunch, pack up the bikes, and drive back to Pokhara. However, please note that it will still be a challenging day.

**Distance: 44 Km**

**Time: 4 Hours Appro.**

**Difficulty: Physical: Moderate, Technical: Moderate**

#### **11. Day 11: Drive or fly to Kathmandu**

Today marks the end of an unforgettable journey with us in Pokhara! As you prepare to return to your hometown, we hope that your time with us has been full of memories to cherish for a lifetime. Whether you choose to embark on the scenic drive back to Kathmandu or take to the skies, we have got you covered with our package that you have chosen.