

# Annapurna Circuit Trekking in Nepal

## Basic Package

Price Starting at: NRs. 209,605

### Inclusions

1. Airport Pick up on arrival and drop off after the trip
2. Guide and Porter
3. Food and accommodations (first day dinner to final day breakfast)
4. All the required permits and local taxes
5. Flight from Jomsom to Pokhara
6. Luggage transportation
7. Mineral water
8. Food, accommodations, salary, insurance and transportation for supporting staff
9. Office service charge

### Exclusions

1. Flight to and from Nepal
  2. Domestic flights
  3. Alcoholic drinks
  4. Beverage/soft drinks in mountains
  5. Travel, activity, medical and emergency evacuation insurance
  6. Tipping for guides, porters and supporting staff
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## Standard Package

Price Starting at: NRs. 250,540

### Inclusions

1. Private car/van transfer from the airport to the hotel.

2. 2 nights deluxe residence in twin bed sharing basis with breakfast at 4\* hotel in Pokhara.
3. 1 night deluxe lodging in Kathmandu on a twin bed sharing basis with breakfast at a 4\* hotel.
4. City Tour in Kathmandu or Pokhara with our tour guide and all entrance fees.
5. 1 Domestic flight from Pokhara to Kathmandu or vice-versa, as well as airport taxes.
6. Flight from Jomsom to Pokhara.
7. During the journey, meals (breakfast, lunch, and dinner) are served with a cup of tea and coffee, as well as hot and cold filter water.
8. During the trip, accommodation is provided from lodge to lodge.
9. Experienced, helpful, and friendly guide, porters (1 porter for every 2 people), their food and lodging, salary, equipment, and insurance.
10. All transportation is provided by private vehicle.
11. All required permits to enter the Annapurna Conservation Area.
12. Service charge for the office.
13. All local taxes
14. A bottle of beer every evening

### **Exclusions**

1. Private car/van transfer from the airport to the hotel.
2. 2 nights deluxe residence in twin bed sharing basis with breakfast at 4\* hotel in Pokhara.
3. 1 night deluxe lodging in Kathmandu on a twin bed sharing basis with breakfast at a 4\* hotel.
4. City Tour in Kathmandu or Pokhara with our tour guide and all entrance fees.
5. 1 Domestic flight from Pokhara to Kathmandu or vice-versa, as well as airport taxes.
6. Flight from Jomsom to Pokhara.
7. During the journey, meals (breakfast, lunch, and dinner) are served with a cup of tea and coffee, as well as hot and cold filter water.
8. During the trip, accommodation is provided from lodge to lodge.
9. Experienced, helpful, and friendly guide, porters (1 porter for every 2 people), their food and lodging, salary, equipment, and insurance.
10. All transportation is provided by private vehicle.
11. All required permits to enter the Annapurna Conservation Area.
12. Service charge for the office.
13. All local taxes

14. A bottle of beer every evening

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## **Premium Package**

Price Starting at: NRs. 291,476

### **Inclusion**

1. Private car/van transfer from the airport to the hotel and hotel to the airport after trip.
2. 2 nights super-deluxe residence in twin bed sharing basis with breakfast at 5\* hotel in Pokhara.
3. 1 night super-deluxe lodging in Kathmandu on a twin bed sharing basis with breakfast at a 5\* hotel.
4. City Tour in Kathmandu or Pokhara with our tour guide and all entrance fees.
5. Two way domestic flights, as well as airport taxes.
6. Flight from Jomsom to Pokhara.
7. During the journey, meals (breakfast, lunch, and dinner) are served with a cup of tea or coffee.
8. During the trip accommodation is provided from lodge to lodge.
9. Mineral water, cold drinks and energy bars.
10. Experienced, helpful, and friendly guide, porter, their food and lodging, salary, equipment, and insurance.
11. All transportation is provided by private vehicle.
12. All required permits.
13. Service charge for the office.
14. All local taxes.
15. A bottle of beer or a glass of fine wine every evening.

### **Exclusions**

1. Other than breakfast, any meals (lunch and dinner) in Kathmandu and Pokhara.
2. Travel coverage.
3. International flight tickets to and from Nepal.
4. Fee for a tourist visa to Nepal.
5. Personal expenses.
6. Expenses on laundry, phone call, internet.

7. Personal Trekking Gear such as sleeping bags and jackets.
  8. Evacuation in an Emergency (Helicopter Rescue).
  9. Any costs incurred as a result of a change in itinerary, such as landslides, domestic flight delays, political unrest, and strikes.
  10. Any other costs that are not included in the quoted price.
  11. Renting of horse or additional porter due to any potential accident or natural disaster.
  12. Tipping to guide, porter, driver and any other supporting staffs.
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## Itineraries

### 1. Day 1: Arrival in Kathmandu

Welcome to the home of Everest and the cradle of Lord Buddha! Our reliable representative will warmly welcome you at Tribhuvan International Airport, whisking you away to a luxurious hotel in the vibrant Thamel area. Take a leisurely stroll through the busy streets of Thamel, where every corner reveals hidden treasures waiting to be discovered. As the evening sets in, our representative will unveil an exhilarating itinerary, setting the stage for the thrilling adventures that lie ahead.

### 2. Day 2: Drive or fly to Pokhara (As per the package chosen)

Commence on a picturesque journey from Kathmandu to Pokhara, a city adorned with natural wonders and nestled amidst rolling hills. Traverse the breathtaking landscapes that define Nepal, and witness the vibrant villages that proudly display their rich cultural heritage. Marvel at the captivating Trishuli and Marshyangdi rivers, renowned for their exhilarating rafting experiences. This enchanting journey provides a glimpse into the authentic essence of Nepal, promising an adventure that will remain etched in your memory forever. This 6-7 hours of drive, will lead you in the stunning city of Pokhara, where you will find a comfortable haven for the night. Utilize the afternoon to explore the serene beauty of Lakeside, and prepare yourself for the upcoming leg of your journey by checking your bikes.

However, if your package covers the flight ticket, you will reach Pokhara within 25 minutes. And rest of the afternoon you can choose to spend your day based on your interest.

### 3. Day 3: Drive from Pokhara to Ngadi and hike to Syange (1100m)

Prepare yourself for an exciting and demanding day as you set forth on a thrilling 5-hour drive from Pokhara to Ngadi, immersing yourself in the awe-inspiring beauty of the mountainous roads. The trek from Ngadi to Syange is a mesmerizing and enriching experience that takes you through the lush Annapurna region of Nepal, surrounded by verdant forests and towering peaks. Discover the historical significance of Nepal's first tunnel, witness the region's abundant wildlife, and revel in the natural splendor of the Marshyangdi river valley. This remarkable trek weaves together stunning landscapes and cultural encounters, leaving you captivated and inspired.

**Distance: 15 Km**

**Hiking time: Approximately 3 hours.**

### 4. Day 4: Trek from Syange to Dharapani (1860m)

Start on a journey of exploration and challenge as you traverse the Annapurna region of Nepal from Syange to Dharapani. Your trail begins in the charming village of Syange and winds along the tranquil Marsyangdi River, passing through idyllic forests, picturesque villages, and breathtaking landscapes of dirt roads and mule tracks. With each step, the elevation gradually increases, revealing steeper and narrower terrain. Dharapani, a quaint village nestled at the confluence of the Marsyangdi and Dudh Khola rivers, awaits you at the end of the trail. Trekking to Annapurna Circuit is guaranteed to be a lifetime experience, and offers the opportunity to dive into the ocean of remote communities, diverse cultures, and natural wonders of the Annapurna region.

**Distance: 16 Km**

**Hiking time: 4-5 hours.**

#### **5. Day 5: Trek from Dharapani to Chame (2670m)**

Greet the day with renewed energy as we embark on a thrilling trek through the idyllic Marshyangi River Valley. Our journey will lead us through charming apple orchards, quaint villages, sprawling terraces, and rugged mule tracks, eventually immersing us in a lush pine forest. The trail presents a challenging ascent from Danakyu to Timang, rewarding your efforts with breathtaking vistas that make every step worthwhile. Recharge your spirits in Chame, the vibrant headquarters of the Manang District, where majestic views of Annapurna II and Lamjung Himal await, acknowledging your hard-earned accomplishments. After a day filled with adventure, retire to a cozy tea house equipped with internet connection, ensuring you stay connected with loved ones.

**Distance: 17.5 Km**

**Hiking Time: Approximately 4-5 hours.**

#### **6. Day 6: Trek from Chame to Pisang (3200m)**

Start on a delightful adventure through verdant pine forests as you set off from Chame, venturing deeper into the heart of the mighty Himalayas. Delve into the largest apple orchard in the region at Bhratang, where you can indulge in freshly-baked apple pies, crumbles, and even donuts, complemented by a refreshing glass of juice. Although the uphill journey ahead poses challenges, the awe-inspiring views at Dhikur Pokhari make every step worthwhile. Rejuvenate with a delicious lunch before continuing along an easier trail, immersing yourself in the fragrant embrace of the Himalayan pine forest and reveling in the majestic vistas of the Himalayas that unfold before your eyes.

**Distance: 17 Km approximately.**

**Hiking Time: 4-5 hours.**

#### **7. Day 7: Trek from Pisang to Manang (3540m) via Ghyaru (3700m)**

Kick-off on an exciting adventure from Pisang to Manang, traversing vibrant pine forests and conquering steep terrains to reach the charming village of Ghyaru. Soak in the breathtaking views of the surrounding peaks that include Annapurna II and Annapurna IV, and delve in the unique culture and lifestyle of the region. Indulge in a delightful lunch in Nawal before continuing your descent through the picturesque Humde valley, leading you to the enchanting village of Manang. Along the way, encounter the rich Tibetan heritage, with monasteries, Mani walls, prayer wheels, and fluttering flags embodying harmony and vitality. Rest for the night in a cozy tea house, rejuvenating your spirits for the exciting day that awaits.

**Distance: 22 Km approximately.**

**Hiking time: 6-7 hours.**

#### **8. Day 8: Rest/Acclimatization day**

While designated as a rest day, we will embark on a short ascent to a height of 4000 meters, preparing our bodies for the higher altitudes that lie ahead. Additionally, we will undertake a brief excursion in the surrounding region, including a visit to the Gangapurna Glacier Lake, Monastery, and Chorten, allowing us to rejuvenate our spirits amidst the serene beauty of Manang.

#### **9. Day 9: Trek from Manang to Yak kharka (4200m)**

After indulging in a hearty breakfast, we set off on our onward trek through the pristine Himalayan trails. It is crucial to prepare our minds for the thinner air and challenging terrains that lie ahead. While the trails may prove more demanding than previous days, adopting a leisurely pace allows us to fully appreciate the grandeur of the Himalayas. This is a lifetime opportunity to immerse ourselves in the splendor of the towering mountain peaks. As we continue further, we will have the privilege of witnessing grazing yaks, graceful blue sheep, and other exotic wildlife, creating an unforgettable experience as we make our way towards Yak Kharka.

**Distance: 10 Km approximately.**

**Hiking time: 4-5 hours.**

#### **10. Day 10: Trek from Yak Kharka to Phedi (4550m)**

Prepare for a day that may appear shorter in terms of distance but presents its own unique challenges, particularly in terms of altitude and rocky terrain. During dry seasons, the trail may lack lush greenery, but the stunning views it offers are unparalleled. Traverse along the river, cross a small bridge, and face a steep climb to reach Thorong-la Phedi, the starting point for the ascent to Thorong-la Pass. By noon, we expect to reach Thorong-la Phedi, where we will take a break and enjoy a nourishing meal at a tea house. In the afternoon, kick-off on a short yet steep hike to the high camp, further acclimatizing ourselves for the night ahead at Phedi.

**Distance: 7 Km approximately.**

**Hiking time: 3-4 hours.**

#### **11. Day 11: Trek from Phedi to Muktinath (3810m) via Thorong-La pass (5416m)**

Today brings forth a significant challenge as we rise early at 4 am, fully prepared to tackle the altitude. With our gear in place, we embark on a demanding journey, taking each step at a leisurely pace, relishing the breathtaking scenery that unfolds from the summit of Thorong-La Pass. Reach the top and savor a hot beverage from a small stall, reveling in the panoramic views that surround you. Descend steeply to Muktinath, where a delectable meal at Champarbu (4200m) awaits before exploring the spiritual town of Muktinath. Delight in the visit to the temple surrounded by 108 water spouts, believed to cleanse sins, and witness the eternal flame and natural flame at the Dolamebar temple, an enchanting experience that will leave a lasting impression.

**Distance: 19 Km.**

**Hiking time: 9-10 hours.**

#### **12. Day 12: Trek from Muktinath to Jomsom (2700m)**

Today we will kick-off on an epic hiking adventure from Muktinath to Jomsom. We will be hiking through stunning mountain scenery and incredible landscape. The trek begins in Muktinath, known for its temples, and continues with a gentle ascend to Lupra Pass. From there, we'll descent through steep inclines, loose gravel, and narrow tracks with rocky paths. This hike offers the perfect mix of trail sections, offering the majestic views of Dhaulagiri, Nilgiri Tilicho and Tukucho peak. This adventurous trek from Muktinath to Jomsom will surely be an unforgettable experience, taking us through the heart of the Himalayas.

**Distance: 20 Km**

**Biking Time: 5 hours Approx.**

### **13. Day 13: Fly from Jomsom to Pokhara (850m)**

Kick-off on the final day of our incredible adventure in the heart of Nepal's Himalayas. We will wake up early in the morning and catch the first flight to Pokhara, known for its breathtaking flight between Dhaulagiri and Annapurna I, the world's deepest gorge. Upon arrival in Pokhara, you will be transferred to the hotel in the colorful town of Lakeside. After all the checking-in procedure is completed, you will be taken out for the hearty breakfast in one of the finest restaurants of Lakeside along the lakeshore. Afternoon is all yours, you can plan your day as per your personal preferences or prepare for the next day's flight to the bustling town of Kathmandu.

**Flight Time: 20-25 minutes**

### **14. Day 14: Drive or fly back to Kathmandu**

After bidding reluctant farewell, you'll travel to Kathmandu by our private vehicle. The road transportation is part of the package, but if you choose to fly to Kathmandu instead, an additional flight fee will apply to you depending on the package chosen.